Key Contacts:
Nuriootpa High School Wellbeing Team:
Anne Barclay ~ Assistant Principal
Jenelle Draper ~ Counsellor
Rick Lane ~ Counsellor
Rebecca Normington ~ Pastoral Care Worker
Natalie Axo ~ Aboriginal Education Teacher
George Laughton ~ Aboriginal Community Education Officer

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We are extremely grateful for the support of our DOC team:
Dr Ray Goodwin ~ General Practitioner
Dr Sally Nelson ~ General Practitioner
Dr Natalie Payne ~ General Practitioner
Dr Jodi Whillas ~ General Practitioner
Dr Danielle Zerk ~ Psychologist
Dr Kyla Trewatha ~ Psychologist
Dr Rhianon Marshall ~ Psychologist

We sincerely thank the Hospital Advisory Committee (HAC) and Spoke (Barossa Child, Adult and Family Services Group Inc) for their financial support for our program.
Doctors on Campus is...

**DOC** is an early intervention community partnership of health and education to improve the mental health and wellbeing of school students.

- Students with significant mental health and wellbeing issues are identified by the school wellbeing team and referred to the **DOC** team.

- Students are seen at school by a local doctor who makes an assessment, prepares a mental health care plan and refers the young person to a mental health clinician if needed who consults at school.

**DOC** is free, confidential and addresses the needs of young people and their families, creating a healthy school community. 1 in 5 people will experience mental health issues at some stage. **DOC** is an early intervention model to help to bring the issues of mental health into the open.

### How Doc Works

**A Team Approach**
- A partnership agreement is in place between local health and education providers.
- School counsellors and the wellbeing team play an integral support and liaison role between student, family, doctor and mental health clinician.
- Students are recommended to see an existing family doctor if one is identified and available.
- Referrals, follow up appointments and parent contact are coordinated by school counsellors and wellbeing team.

**Why Doc Works**

**Access**
- Services are provided at the school enabling early intervention to specialised care.

**Triage**
- Teachers and the wellbeing team are able to identify students at risk. School counsellors determine which students require a **DOC** referral and who can be managed within normal school processes.

**Cost**
- Referrals to the doctor are bulk billed. Psychological services are provided through an established funding model with Medicare.

**Confidentiality**
- **DOC** utilises generic appointment slips and confidential reminder and follow up processes.

**Outcomes Focussed**
- Evidence based therapies are utilised, with interventions designed for each individual student. **DOC** has demonstrated significant improvement in the emotional understanding and wellbeing of students, with skills and knowledge often maintained beyond the scope of therapy.

**Commitment and Coordination**
- Success and sustainability of **DOC** requires an ongoing commitment and energy from all partners.