



DOC is a confidential school based early intervention initiative, designed to address teenage, family and community needs.



Nuriootpa High School Wellbeing Team

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We are extremely grateful for the support of our DOC team:

Dr Ray Goodwin ~ General Practitioner

Dr Danielle Zerk ~ Psychologist

NURIOOTPA HIGH SCHOOL



DOCTORS

O_N

CAMPUS



Government of South Australia
Department for Education and
Child Development

Doctors on Campus is...

DOCs is an early intervention community partnership of health and education to improve the mental health and wellbeing of school students.

- ◇ Students with significant mental health and wellbeing issues are identified by the school wellbeing team and referred to the **DOCs** team.
- ◇ Students are seen at school by a local doctor who makes an assessment, prepares a mental health care plan and refers the young person to a mental health clinician if needed who consults at school.



DOCs is free, confidential and addresses the needs of young people and their families, creating a healthy school community. 1 in 5 people will experience mental health issues at some stage. DOCs is an early intervention model to help to bring the issues of mental health

How DOCs Works

A Team Approach

A partnership agreement is in place between local health and education providers. School counsellors and the wellbeing team play an integral support and liaison role between student, family, doctor and mental health clinician. Students are recommended to see an existing family doctor if one is identified and available. Referrals, follow up appointments and parent contact are coordinated by school counsellors and wellbeing team.

Cost

Referrals to the doctor are bulk billed. Psychological services are provided through an established funding model with Medicare.

Confidentiality

DOCs utilises generic appointment slips and confidential reminder and follow up processes.

Outcomes Focussed

Evidence based therapies are utilised, with interventions designed for each individual student. DOCs has demonstrated significant improvement in the emotional understanding and wellbeing of students, with skills and knowledge often maintained beyond the scope of therapy.

Why DOCs Works

Access

Services are provided at the school enabling early intervention to specialised care.

Triaging

Teachers and the wellbeing team identify students at risk. The Wellbeing team determine which students require a DOC referral and who can be managed within normal school processes.

Commitment and Coordination

Success and sustainability of DOCs requires an ongoing commitment and energy from all partners.

