



Doctors On Campus (DOCs)
is a free and confidential
service to support a healthy
school community.

**NURIOOTPA
HIGH SCHOOL**



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Principal: David Marino



**Government
of South Australia**

Department for Education

**NURIOOTPA
HIGH SCHOOL**



**Doctors On
Campus (DOCs)**

An early intervention community partnership of health and education, DOCs address the needs of young people and their families with a focus on mental health. The DOCs program has been successfully operating at Nuriootpa High School for almost 10 years.

Partnership

DOCs work in partnership with the student, their family and the school wellbeing team, while maintaining a high level of confidentiality and discretion, to holistically support the wellbeing and success of the student.

Cost

Consultations with the GP are bulk-billed under Medicare and do not incur any out-of-pocket expenses. Where a student is referred to the on-site consulting psychologist, Medicare rebates are available under the established 'Better Access' initiative.

Evidence-based

DOCs utilise an evidence-based approach to supporting young people, which includes early-intervention, collaborative team care and Cognitive Behavioural Therapy (CBT) treatment. CBT is a well-established form of treatment used to effectively address a range of common mental health issues.

Referral

Students identified by the school wellbeing team as requiring mental health support may be referred to the DOCs team. The consulting General Practitioner (GP) will assess the student, prepare a Mental Health Care Plan (MHCP), and if needed, will refer the student to the school's on-site consulting mental health practitioner for further support. Alternatively, students may self-refer to the DOCs service by arranging an appointment through Julie (situated next to the Waratah Room).

Nuriootpa High School Wellbeing Team Key Contacts

Ruben Holas - Mental Health Practitioner
(School Mental Health Service)

Rick Lane - Wellbeing Leader

Bec Bolton - Assistant Principal Yr 7/8 &
Wellbeing

Natalie Axo - Aboriginal Education Teacher

Brooke Klose - Aboriginal Secondary
Transition Officer (ASETO)

Vicki Rochow - RiME Case Manager

Lachlan Fuss - Youth Worker

Julie Flatman - Administration

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DOCs Team

Dr Josiah Salagaras - General Practitioner
Dr Danielle Zerk - Psychologist