

# NURIOOTPA HIGH SCHOOL

Tradition—Relationships—Excellence

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## FROM THE PRINCIPAL

### Some Recent Events

**Sports Day** – this was a great day with the Year 12s maintaining the tradition of designing their own T-Shirts and then adding their own personal touch. The student attendance and participation rate continues to grow with most students trying some events – the novelty events are very popular.

On the day, there were some outstanding results from the athletes – with at least one record being broken. A very big thank you to Brad West and his support team on organising the day.

Please see the full 'Sports Day Wrap-up' on page 8 of this newsletter.

**A Senior School Information Session** held on Wednesday night of week 5 was a big success – lots of parents and students attended and important information was shared. It was great to have the Home Group Teachers attend the event.

**Open Days** – these were held on Monday 22 March and Tuesday 23 March. There was very high attendance and it was great to talk with our new students and their families and answer some questions they have. We also did tours of the school. During the last 2 weeks we have also visited the local feeder schools with their ex-students.

For parents/carers who would like the information from the Open Day and the Student Information Brochure, please go to our school website and look in the Transition Information Documents. Here is the hyperlink:

[http://www.nurihs.sa.edu.au/school\\_info.htm](http://www.nurihs.sa.edu.au/school_info.htm)

### Our current 'Big Pieces of Work'

The education landscape is very busy at the moment so I thought I would share with you some of the bigger pieces of work that we are working on.

- ◆ Year 7 to High school – curriculum, facilities, transition, staffing, budget.
- ◆ New Vocational Education Training (VET) changes to be introduced in 2022 – Penny Chancellor, our Assistant Principal responsible for the Senior School is leading this work and will share this information with you once it has been finalised.
- ◆ One Plans that replace the Negotiated Education Plans for students verified with a disability and Individual Education Plans for ATSI students and Students in Care. A draft of these new plans is expected to be done by the end of June. Jenelle Draper, Assistant Principal, Inclusive Education, is leading this work.

## COMING EVENTS

29/3 Y8 Camp (3 days)  
31/3 Interschool Athletics  
02/4 Good Friday  
05/4 Easter Monday  
09/4 2.15 Dismissal

### Term 2

26/4 ANZAC Day -  
Public Holiday  
27/4 School Resumes T2  
30/4 Y8 Vaccinations  
04/5 Parent-Teacher  
Interviews  
05/5 Y10-11 Flinders Uni  
SD Presentation  
07/5 The Bend - Auto  
Excursion  
Youth Expo  
11/5 NAPLAN window  
Opens  
Finance Mtg 4pm  
Governing Council 7pm  
12/5 Y11 Outdoor Ed 3 days  
17/5 Y10 Work Experience  
- all of Week 4  
19/5 Y 10-11 Uni SA  
SD Presentation

To view the full Term 2  
Calendar, see page 17  
of this newsletter

### Principal's Tour

01/6 9.30am - more details  
on page 16 of this  
newsletter -  
Bookings Essential

**Uniform Shop Information/  
Opening Times etc - page  
5 of this newsletter**

## From the Principal - continued

- ◆ SACE Changes – the SACE Board is progressing a series of key education projects that will really reframe the SACE. This includes the development of a Learner Profile, which will showcase the knowledge, skills, and capabilities of the whole student. They are working on determining the capabilities that students are entitled to develop to thrive, and how they can be evidenced, as part of a Learner Profile. They are also revitalising the Research Project and Personal Learning Plan (PLP). At this stage, they are planning a large-scale pilot of the Research Project and the PLP with specific schools in 2022, with broader roll out of the new subjects in 2023. Penny Chancellor is leading this work.
- ◆ Australian Curriculum Review – over the next 4 months there will be consultation re proposed changes to the Australian Curriculum in English, Maths, Science, Technologies, Humanities and Social Sciences, The Arts, Health and Physical Education and Languages (not the languages that we teach). All teachers can contribute to this feedback. The faculty leaders will then work with their teachers to implement these changes in 2022.
- ◆ Our ongoing improvement journey with a focus on Writing for the whole school and Numeracy in Years 8 and 9 and in the Inclusive Education Centre.

### COVID Update

All schools in SA have a COVID Plan. This includes:

- Staff having to take home their laptop each day
- All staff and visitors needing to sign in using a QR code or hard copy daily
- Re-shared with staff the process we will use for online learning, if needed
- Identifying students and staff who do not have access to devices and/or internet at home and addressing this

### Mobile Phones Update

This policy is now becoming embedded. The number of phones being taken until the end of the day is usually around 3. Students who have their phone removed twice are expected to give their mobile phone to Mr Dickinson in the morning and collect it at the end of the day. The support from parents/carers has been very much appreciated by the school. Teachers are commenting on the positive impact that not having phones is having on students' learning.



### DayMap App

We have commenced a large PR campaign to increase the number of families using the Daymap Connect app. This includes instructions to install for first time as well as reinstalling. It will be publicised through Facebook and email. Each time a parent calls regarding attendance a reminder will be given to them. Each time a student signs out early an instruction sheet will be given to them.

### Year 7 to High School Update

**Curriculum Planning and Student Learning** – this is ongoing faculty work. A Partnership Approach to this work will also be happening during terms 2 and 3.

**Staff Planning** - the Personnel Advisory Committee have been working on determining the teacher and SSO vacancies that we will have for 2022. We have also met with the department's staffing officers as part of this process.

As a school we are also looking at:

- leadership implications for the increased student numbers
- non-curriculum SSO implications – this includes ICT, Finance, Science, Admin
- Curriculum budgets - Materials and Services charges do not fully cover the Curriculum budgets – we are considering how we will cover these additional funds with the increased number of students?
- Note that Curriculum SSOs are funded via a different bucket of funding

## ***Facilities Planning***

There are currently 4 parts to our Facilities Planning for 2022. These are:

1. Year 7 to High School – this comprises:
  - ~ a multi-purpose building housing performing arts, music, art and physical education
  - ~ a technical studies room
  - ~ increasing the capacity of the Hospitality Centre

Progress with respect to these buildings is discussed fortnightly. At the Buildings Meeting on Tuesday, week 8, the following information was provided, noting that the focus is now on the Multi-Purpose Building.

We continue to ask if the Hospitality Centre can be a separable portion (can it get handed over before all of the work is completed on the Multi-Purpose Building and Tech Studies building?).

Work over the next 2 weeks will be:

- ~ Drama/Multi-Purpose Building - footing excavation - form, reinforce and pour slab
  - ~ Tech Studies - nil
  - ~ Hospitality Building - Structural steel - external wall framing - Roofing
2. New double room Inclusive Education facility – we understand that the tender process is completed and we will soon know the successful tenderer. It is aimed to have this facility on-site early term 3, 2021.
  3. Upgrade to our 2 Home Economics classrooms – this is funded by the school. We are now going to tender for this process.
  4. Additional 4 dual buildings to allow us to cater for the number of students enrolled at our school. These buildings will replace two triple blocks of classrooms, of which we have only been able to use one of these as a classroom. We are unsure when these buildings will be delivered as they are currently being used as part of the 'decanting process' at other schools while their new buildings are happening.

## **Rate of Work vs Planned**

Current works are tracking OK, however there may be a lag between the slab being poured and structural steel being erected. The shop drawing process has pushed out the fabrication of the steel-work.

***Budget Planning for 2022*** – the Business Manager has begun a draft budget for 2022.

Topics that we are currently looking at are:

- ◆ ICT requirements for the new buildings – this includes a conversation about data projectors vs TVs.
- ◆ Establishment grant for the new 8 classrooms. As part of modular building projects the school will receive a furniture allowance of \$4,200 per classroom. Wireless Access Points and Air Conditioners are provided as part of the building scope of works. We will need to pay for TVs/projectors any other items needed.
- ◆ Working with the groundsmen on re-locating their 'office area'
- ◆ Storage once transportable buildings moved

***School Community*** – the Barossa Partnership is developing transition plans to be discussed at the partnership meeting in week 9. During weeks 7 and 8, we visited local feeder primary schools. Ex-students from each primary school accompanied us on our visits and did an amazing job.

***Capacity and ceilings in 2022*** - the school enrolment capacity for 2022 is 1368. Nuriootpa High School is recommended to have the following enrolment ceiling provisions for 2022: Year 7: 228 students Year 8: 228 students.

In closing, I would like to say a big thank you to the whole school community for your support during this term. Working together makes the biggest difference for our students. We look forward to a productive Term 2 where all students achieve their potential.

**Gerri Walker**

## FROM THE GOVERNING COUNCIL

### Governing Council AGM held Tuesday 16 March 2021

There was a great attendance. Our new council comprises:

Continuing Members –these members have completed 1 year of a 2 year tenure

- \* Sonya Carmody
- \* Bernadette Patterson
- \* Kelly Neldner
- \* Pricilla Heidenreich
- \* Donna Baumann
- \* Jodie Marshall

Re-elected and/or new members

- \* Tarnya Eggleton - **Chairperson**
- \* Peter Lange – **Deputy Chairperson and Treasurer**
- \* Karen Underwood
- \* Belinda Haeft
- \* Monique Lloyd - Secretary
- \* Gary Pentland
- \* Paula Brennand
- \* Daniela Hongell

Local Council Member - Cr Russell Johnstone/Deputy Mayor – our first Community Representative

Staff Members:

- \* Penny Chancellor
- \* Melissa Rogers
- \* Ann-Marie Ward
- \* Andrew Dickinson will continue as non-voting rep

A sincere thank you to the retiring members Luke Rothe, Halena Frick and Sharyne Young for their invaluable contributions to our school.

### Key points discussed at the normal council meeting included:

#### ***Year 7 to High School Transition:***

- New Governing Council to write to Primary School feeder Governing Councils asking them for their needs re the Year 7 to High School Transition
- Newsletter article (part of principal newsletter) to be sent to feeder schools to add to their newsletter
- Governing Council representatives at Open Days on site Week 9
- Enrolment process for 2022 will be online. Parents will receive information from the Primary Schools
- Students who require additional support will have an additional transition

#### ***Traffic Working Party***

- collecting data on buses, traffic and will forward to Barossa Council for tabling at next Barossa Council meeting
- reviewing bus locations
- will be meeting fortnightly

#### ***Additional 2 Community Representatives***

- Following up re potential new members - Indigenous community member and possibly Foundation Barossa



**SCHOOL UNIFORM  
NEW UNISEX STADIUM JACKET**

Governing Council have approved an additional item to our uniform range.



The jacket is 155gsm - Outer - 100% Polyester.  
Superb tailoring makes this a most practical cool weather garment.  
Water repellent Oxford shell, inner with thick anti-pill polar fleece,  
hideaway hood with drawstring closure.  
Front chunky zip under press-studded storm flap,  
high wind collar and adjustable cuff with velcro flap.

Sizes are from: 10-12, 12-14, XS, S, M, L, XL, 2XL to 7XL

The school will be placing orders shortly.

Please email the Uniform Shop [dl.0788.uniformshop@schools.sa.edu.au](mailto:dl.0788.uniformshop@schools.sa.edu.au)  
for pre-orders or any other uniform queries.

**UNIFORM SHOP OPENING TIMES**  
**(located in the Student Support building)**  
**Every Tuesday from**  
**8.30 - 11.00am**  
**1.00 - 3.45pm**

**Our full uniform can be viewed by visiting the  
school website  
[www.nurihs.sa.edu.au](http://www.nurihs.sa.edu.au)**

**Second hand uniforms can be found on our  
Nuriootpa High School Uniform Shop  
Facebook page**

## FROM THE SRC

Welcome to 2021! This year holds many new and exciting opportunities for SRC, and we can't wait to share them with you.

We'd like to introduce our leadership team for 2021:

**President** –  
Cody Parham  
**Vice-President** –  
Elli Nottle  
**Secretary** –  
Taliah Mullholland  
**Secretary** –  
Ashlyn Schrapel  
**Student Voice  
Representative** –  
Lewis Mattner  
**Student Voice  
Representative** – Gemma Linke  
**Treasurer** – Hannah Schutz  
**Treasurer** – Catrina Kellond



With a new leadership team, we have also welcomed some new students in SRC for 2021. Michala Schmidt, Krystal Steinert, Porsha Graham, Gemma Linke and Taliah Mulholland have joined SRC for 2021, and we are so excited to work with these wonderful people.

With the restrictions placed on us for sports day, the SRC adapted and invited in a range of food trucks for Sports Day last week. This was a huge success! The range of food was excellent, and nobody went hungry. We would like to thank Barossa Street Food, Forage Supply Co., and Vietnamese Food On the Go for supporting us on the day! All money raised from Sports Day will be supporting our goal of increasing the school's sustainability.

Our main goal this year will look at sustainability in three different ways. We'd like to explore the idea of new drink fountains, to have refrigerated water in more areas around the school, and also look at water fountains that count how much water you have saved by re-filling your drink bottles! We will also be looking at the current recycling program in the school, and considering how we can improve it. Finally, we have not forgotten about the Blue Gums, with aims to increase the potential of the Blue Gums being used as an outdoor classroom, and how we can influence its use in the curriculum.

This year for casual day we raised money towards a memorial on school grounds for William Miller. The SRC and Will's friends will be working together to create a memorial, we are hoping these works will be completed in Term 2.

The student leaders of our school also attended the GRIP leadership day in Week 6. This included the SRC, Peer Support and House Captains, who all hold leadership influence within the school community. It was a successful day, with students having to forgo their Pupil Free day to attend. Students reported back that there were some inspirational speakers, and they particularly liked the 'Simon Says' game. We would like to thank Anne Barclay for organising the leadership excursion.

In the next couple of weeks, following Year 8 camp, the SRC will be looking to recruit 5 year 8 students and 2 Inclusive Education Centre students who are interested in joining SRC for the year. There will be printed nomination forms, and students will need to have nominated by the end of week 10, with voting happening in week 11. All year 8 students are encouraged to apply if you'd like to see some change around the school, and be a part of the change. If you have any questions, please come and speak to Miss Perry or Mr Hall.

## FROM THE FINANCE OFFICE

Thank you to those families that have paid the Materials and Services charge of \$480. The M&S Charge was due to be paid 12 February so if you have not yet paid please arrange to do so as soon as possible.

If you have an arrangement to pay by instalments: - **the first instalment of \$160 was due on Friday 12 February, \$160 due on Friday 12 March and \$160 due Thursday 8 April.**

Payment arrangements can still be made so contact the finance office on 85622022 or email [dl.0788.finance@schools.sa.edu.au](mailto:dl.0788.finance@schools.sa.edu.au)

**When making payments to NHS bank account for M&S fees or other invoiced amounts please remember to use the invoice number or family code as the reference.**

### School Card Assistance 2021

School Card covers \$325 of the Materials & Services Charge. The additional \$155 of Materials & Services fee will be waived if School Card is approved. Families must apply for School Card annually.

School Card can be applied for online – please see NHS website under School Information, then School Finance. If you require a School Card form rather than applying online please contact the Finance Office and the relevant form can be collected at the Finance Office or sent to you.

Please apply for School Card as early as possible. If you are unsure of your eligibility and require further assistance please contact the Finance Office. If you are found to be ineligible for School Card then you are liable to pay the Materials & Services Charge of \$480.

### Entertainment Book

Get your new Entertainment Membership today to support Nuriootpa High School. The school receives 20% of every book sold.

Entertainment Memberships can start anytime and are packed with thousands of substantial savings on dining, travel and fun family activities. The digital membership is easy to download to start using instantly. New offers are added weekly for ongoing value all year round.

ORDER Link:

<https://www.entbook.com.au/1622w51>

## NURIOOTPA HIGH SCHOOL CANTEEN CASUAL PART-TIME EMPLOYEE

We are looking for someone to work in the Canteen on Wednesday to Fridays for 3 ½ hours a day

to assist with recess and lunch periods

The position involves assisting with preparation of food, serving and cleaning duties

A Working with Children Check (Department of Human Services) and a Responding to Abuse and Neglect (RAN) Volunteer training are required

If you are interested in this position, please submit a 500 word CV and the names of 2 referees to:

Ann-Marie Ward, Business Manager email: [annmarie.ward850@schools.sa.edu.au](mailto:annmarie.ward850@schools.sa.edu.au)  
by 4pm Tuesday 6 April 2021

For further enquiries, please contact Ann-Marie Ward, Business Manager

On Friday 12 March, Nuriootpa High School hosted its annual Sports Day for 2021.

Once again students and staff embraced the fun and colourful atmosphere the day brings to our Eastern Oval. A huge amount of events, house marquees, music, food and drink trucks and bright coloured clothing adds plenty of zest to the carnival. Participation increased once more this year, from the official Track and Field events to the fun and exciting Individual Novelty and the House Relay Events.

**Coulthard** took out the Sports Day Champions Shield this year with excellent results and outstanding participation, led by their senior captains Tom Hahn and Jessica Hahn. We had 4x new records set on the day, a fantastic effort by those students.

It was great to have dedicated staff out early in the morning to assist with setting up for the day and also to help pack up at the conclusion. Thank you to the SRC for organising food trucks with Barossa Street Food, Viet-on-the-go, Forage Supply Co. Food and Sassy Brews Coffee Caravan providing plenty of diverse options for food and drink. Finally, thank you to the entire staff for their efforts both leading up to and on Sports Day, it is greatly appreciated and ensured the day ran as smoothly as it did.

The Nuriootpa High School Athletics Team has been selected from these Sports Day results and will compete at SA Athletics Stadium, Mile End on Wednesday 31 March, 2021 in A2 Division. Students involved have been given a consent form and prompt return to the finance office is appreciated.

## Sports Day Overall Results

**Coulthard** - 1,216

**Light** - 1,144

**Murray** - 1060

**Sturt** - 814

**Angas** - 781



### Individual Track and Field Winners and Runner Ups: (Awarded from best 5x Track and Field Results)

#### Winners

U21 Boys – Finn Reed  
U21 Girls – Ella Obst  
U16 Boys – Fynn Manning  
U16 Girls – Chloe Peterson  
U15 Boys – Ariel Rothe  
U15 Girls – Mia Devlin  
U14 Boys – Josh Reichelt  
U14 Girls – Chantelle Baumann

#### Runner Ups

Bayley Pink  
Hannah Schutz  
Tyrell Burgess / Kalan Hoklas  
Hayley Henke  
Fraser Broadbent  
Macey Hodgson  
Tate Graham  
Elsie McKinnon

### New Records Set:

**Mia Devlin: Under 15 Female Hurdles (14.35 seconds) -**  
Previous Record 2006 Shannon Lambert (15.14)

**Mia Devlin: Under 15 Female Triple Jump (10.38 metres) -**  
Previous Record 2006 Shannon Lambert (10.13 metres)

**Fynn Manning: Under 16 Male Hurdles (12.91 seconds) -**  
Previous Record 2019 Tate Manning (13.04 seconds)

**Finn Reed: Under 21 Male Hurdles (12.61 seconds) -**  
Previous Record 2014 Alex Lovell (13.65 seconds)

**Brad West**  
Sports Manager



Sports Day 2021





# Sports Day 2021 - Y12s





Sports Day 2021





## [Important Information for Parents and Students re Year 10 School Immunisation](#)

### Re: Meningococcal ACWY

Offered through the school program to year 10 students

New information from Australian Immunisation Register

- ◆ Adolescents that have previously received a dose of meningococcal ACWY prior to 14 years of age are required to have a further dose of meningococcal ACWY vaccine in order to be classed as up to date on the AIR.

Please note: This information differs from information on the school consent cards, that were printed before the changes, that indicated the Year 10 dose was not required if a previous dose had been given.

Parents or students may phone HAIMS 8152 0363 if they have any questions relating to this notice.



## [2021 Youth Environment Council applications open - deadline extended](#)

South Australian students in Years 7 to 11 who are passionate about sustainability are invited to apply to be in the Youth Environment Council. If any students are interested in environmental issues, sustainability or youth voice, please complete the application form in the link below.

Eligible students, in both regional and metropolitan South Australia, are invited to apply.

Why join the Youth Environment Council?

- To share your passion for the environment and sustainability with other like-minded students across the state,
- To develop leadership, team building and public speaking skills at camps, workshops and forums,
- To take action for the environment and make a difference,
- To share your views and actions with government.

[Applications](#) are open. Places strictly limited. Applications close at 9am Monday 29 March. For more information, visit the [YEC website](#) or contact [info@yecsa.net.au](mailto:info@yecsa.net.au).

Youth Environment Council South Australia 

[Home](#) / [Who are we?](#) / [How can I join?](#) / [YEC program](#) / [Past member projects](#) / [Resources](#) / [FAQ](#)





## Vintage at Nurihannam Winery!

Vintage in the Barossa means that it has been very busy recently learning the process of winemaking at Nuriootpa High School! Students have been actively tracking the baume of the school vineyard, hand picking grapes, crushing/destemming, pushing skins, managing ferments, and pressing off wine, and pumping wine into barrels over the last few weeks.

A number of classes have been involved, including Year 10 Vines and Wines, Year 12 Agriculture, and Year 9 Agriculture students.

Nuriootpa High School is very fortunate to receive donations of grapes and complimentary equipment hire from families within the Barossa, to utilise in our winemaking enterprise. Our sincere thanks to the Materne, Hoffmann, Heidenreich, Hampel, Kies, and Schiller families for their support with our 2021 vintage. Thanks also to our mentor winemakers Dominic Coulter and Richard Mattner, and all staff from Treasury Wine Estate (Penfolds and Wolf Blass sites), involved in organising barrel donations, testing, winery supplies and their continued ongoing support of the school wine program.



If you are interested in purchasing any of our award winning wines, please click on the link below to download an order form.

## *Nurihannam Wines*



**10% off all Nurihannam Wines!**

Must be ordered and paid for between  
22 March 2021 – 1 April 2021

Wine Price list available on the school website.

[http://www.nurihs.sa.edu.au/wine\\_price\\_list.htm](http://www.nurihs.sa.edu.au/wine_price_list.htm)





## Year 8 and 9 Vegetable Garden Project

Year 8 and 9 Agricultural Studies students have been very busy preparing and establishing their vegetable garden projects in the agriculture area. A variety of seedlings were provided for planting and students have just completed weeding and mulching their gardens. Students appreciated the generous donation of composted cow manure by Jersey Fresh dairy to give their gardens a nutrient boost. The seedlings have survived very well with the aid of netting to protect them from the little corellas which are very prevalent.



## SAASTA Visit

The South Australian Training Academy based a Gawler and District College held their training day at NHS in Week 4. Students from Gawler, Kapunda and Nuriootpa joined together to showcase all that the training academy has to offer. Our ATSI students were invited to join in the various sporting activities which culminated in a shared lunch.



Ms Axo - AET



## Wellbeing and Engagement Collection – Survey of all students

Students in our school have been invited to take part in a survey being conducted in Term 1 2021. This letter provides key information about the survey.

Our school will participate in the Term 1 Wellbeing and Engagement Collection which will be open during Weeks 8 to 10 (Monday 15 March to Thursday 1 April 2021).

### Purpose of the collection

Young people's sense of wellbeing is an important part of how they learn at school. The purpose of the survey is to seek students' views about their wellbeing and their engagement with school. Students in year levels 4 to 12 across the State will be invited to participate in the *Wellbeing and Engagement Collection*. The information collected will help the education system and broader community to support young people's health and wellbeing.

### What is the survey about?

The survey asks students about their social and emotional wellbeing; school relationships and engagement and learning in school; and physical health and wellbeing and after school activities. Students' answers will be kept confidential – no one (including school staff) will use the results to identify individual students.

### What is involved in project participation?

Teachers will arrange for students to undertake the survey during class time. Students will be asked if they would like to participate and will be free to withdraw at any time. ***If you do not want your child to participate, please contact the school as soon as possible after receiving this letter.***

### Will students' information be kept confidential?

The department takes measures to ensure students' personal information and their identities remain anonymous when participating in the survey.

Participating schools with fewer than 5 students undertaking the survey will not receive a school report in order to protect the confidentiality of students.

### What will happen if a student is distressed during or after the survey?

Whilst the survey questions are not expected to distress students, the survey includes questions that ask about topics such as students' happiness and experiences of being bullied. Teachers will inform students that:

- if they find the survey uncomfortable or distressing, they should leave the survey screen immediately
- that it is not compulsory to take part in the survey as a whole, and
- students may also skip individual survey questions if they wish.

Students who may want to speak to an adult about concerns or issues and will be supported to do so.

### Where can I get more information?

Further information on the Wellbeing and Engagement Collection can be found at [www.education.sa.gov.au](http://www.education.sa.gov.au) (search:wec) or can be collected from the school. For questions or concerns, or to view the questions, please email [Education.WECSA@sa.gov.au](mailto:Education.WECSA@sa.gov.au).





## Food Fuel Learning

### Is your child prepared for school?

There is a growing number of students presenting at school requesting food as they are saying they have none.

### This may be your child

It is great that many students are encouraged to be independent and pack their own lunch **but are they?**

### What happens if students don't eat lunch?

The body begins to increase production of cortisol, leaving us stressed and hungry. Skipping meals can also cause your metabolism to slow down. "When you skip a meal or go a long time without **eating**, your body goes into survival mode,"

Please ensure that your child has fuel to get them through the day.

If you are struggling please let us know.

There are also many community supports including Lutheran Care (non-profit inclusive support), Food Bank (a \$40 voucher can buy \$80 of supplies).



## Term 2 Principal's Tour

If unfortunately you were unable to attend one of our recent Open Days, we have posted information that was shared at the info sessions.

You can view this by visiting the NHS Website:

[http://www.nurihs.sa.edu.au/school\\_info.htm](http://www.nurihs.sa.edu.au/school_info.htm)

and go to the 'School Information' tab to find 'Transition Information Documents' where our PowerPoint presentation from the evening has been posted.

All applying year 6 and 7 students must still complete their child's online registration form through the statewide transition process. This information is distributed by government primary schools at the start of Term 2. Forms for students from non-government schools can be downloaded from the department's website.

To view our Virtual tour, go to the Home Page and scroll through the slides.

If you would like to register for our Term 2 Principal's Tour on Tuesday 1 June at 9:30 am, please call or email.

8562 2022

[dl.0788.admin@schools.sa.edu.au](mailto:dl.0788.admin@schools.sa.edu.au)



## NHS SCHOOL CALENDAR

<b>Week 10</b>	29/3 Year 8 Camp 2:45-5:00: Staff T&D	30/3 Year 8 Camp	31/3 Year 8 Camp Interscholar Athletics - Mile End	1/4 11:35 Executive meeting	2/4 Good Friday	3/4 & 4/4 Easter Saturday & Sunday
<b>Week 11</b>	5/4 Easter Monday	6/4	7/4 3:30-5:00 Leaders' meeting	8/4 11:35 Executive meeting	9/4 2:15 dismissal	10/4 & 11/4

	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
<b>Week 1</b>	26/4 Public Holiday - ANZAC	27/4 School Resumes for T2	28/4 3:30-5:00 Leaders' meeting	29/4 11:35 Executive meeting	30/4 Year 8 Vaccinations	1/5 & 2/5
<b>Week 2</b>	3/5 2:45-5:00: Staff T&D	4/5 3:15-7:00 Parent-teacher interviews	5/5 Flinders Uni SD Presentation (Yr 10-12)	6/5 11:35 Executive meeting	7/5 Youth Expo The Bend - Automotive Excursion	8/5 & 9/5
<b>Week 3</b>	10/5 2:45-5:00: Staff T&D	11/5 NAPLAN window opens 4pm Finance Meeting 7pm Governing Council	12/5 Yr 11 Outdoor Ed camp 3:30-5:00 Leaders' meeting	13/5 Yr 11 Outdoor Ed camp 11:35 Executive meeting	14/5 Yr 11 Outdoor Ed camp	15/5 & 16/5
<b>Week 4</b>	17/5 2:45-5:00: Staff T&D Y10 Work Experience	18/5 Y10 Work Experience	19/5 Uni SA SD Presentation (Yr 10-11) Y10 Work Experience	20/5 Newsletter 11:35 Executive meeting Y10 Work Experience	21/5 Last day of NAPLAN window Partnership Meetings Y10 Work Experience	22/5 & 23/5
<b>Week 5</b>	24/5 2:45-5:00: Staff T&D Faculty Meetings across Partnership	25/5	26/5 3:30-5:00 Leaders' meeting	27/5 11:35 Executive meeting	28/5 Yr 10 Outdoor Ed excursion	29/5 & 30/5
<b>Week 6</b>	31/5 Yr 12 PE/Sports camp 2:45-5:00: Staff T&D	1/6 9:30 Principal's Tour Yr 12 PE/Sports camp Year 10 Vaccinations 3.30 Buildings & Grounds Mtg	2/6 Yr 12 PE/Sports camp Yr 10 Outdoor Ed camp 1.10-1.50pm Uniform Committee	3/6 Yr 10 Outdoor Ed camp 11:35 Executive meeting	4/6	5/6 & 6/6
<b>Week 7</b>	7/6 2:45-5:00: Staff T&D	8/6	9/6 3:30-5:00 Leaders' meeting	10/6 11:35 Executive meeting	11/6 Staff T&D Pupil Free Day	12/6 & 13/6
<b>Week 8</b>	14/6 Queen's Birthday Public Holiday	15/6 4pm Finance Meeting 7pm Governing Council	16/6	17/6 11:35 Executive meeting	18/6	19/6 & 20/6
<b>Week 9</b>	21/6 Start of Semester 2 2:45-5:00: Staff T&D	22/6	23/6 3:30-5:00 Leaders' meeting	24/6 Newsletter	25/6 Partnership Meetings	26/6 & 27/6
<b>Week 10</b>	28/6 2:45-5:00: Staff T&D	29/6	30/6	1/7	2/7 2:15 dismissal	3/7 & 4/7



## LinkSA School Holiday Special

Between 10th to 26th of April 2021  
receive 1 free child bus ticket with  
every bus ticket purchased.

Available On All LinkSA Bus Route  
Services in these Regions

- 🚌 Murray Bridge 🚌 Barossa
- 🚌 Victor Harbor 🚌 Adelaide Hills

Mention this special to the driver in order to  
receive 1 free child bus ticket (4-15 years).



For timetable information check  
out our website at  
[www.linksa.com.au](http://www.linksa.com.au)



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Enjoy one of the best country football leagues in SA from the  
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Get fit and stay fit whilst being paid to do so

Enjoy socialising with our friendly panel

Gain leadership and teamwork skills

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Mentoring is provided to all new umpires, along with equipment/uniforms.

We supply field and boundary umpires for all matches in the BLG Football Association,

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#### TRAINING ON NOW!

Wednesday evenings 6:30pm  
Willaston Oval

Contact our coaches for more information:

Junior Umpires Coach  
Ryan Prentice Mob:0468 834 347

Senior Umpires Coach  
Mark Miels Mob:0488 539 193



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+ SA Work & Skills Expo

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**WIN a \$1000 JB HI-FI VOUCHER**

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